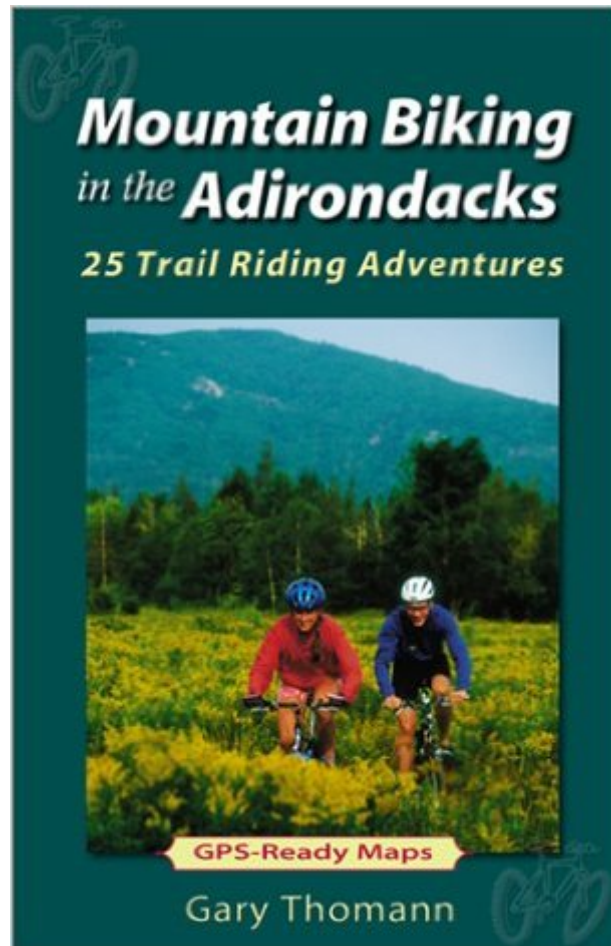


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# Mountain Biking In The Adirondacks : 25 Trail Riding Adventures



## Synopsis

Detailed instructions for getting to the trailhead and riding 25 mountain bike trails in the Adirondacks of northern New York. There are 7 beginner, 12 intermediate and 6 advanced rated rides. Each ride has a GPS compatible map. Distances along each trail are given. There are sections on the Adirondack Park, bike setup, and additional resources (bike shops, outdoor stores, etc.) in the park.

## Book Information

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